

Monday

Tuesday

Wednesday

Friday

Daily Activities

T.A.C Meetings 1st & 3rd Wed.

5:30pm-6:30pm

Team Rhythm Mon. & Wed.

5:00pm-6:00pm

Game Room 2:00pm-8:00pm

Boot Camp Wed. & Thur.

6:30pm-7:30pm

Women's Fitness Tues. & Thur.

6:00pm-7:00pm

Homework Help Mon. to Thur.

3:00pm-6:00pm

Cooking Club Every Thur.

4:00pm-5:00pm

Art Club

Mon/Friday 4:00pm-5:00pm Science

TAC

Meeting Colling



8:00am-8:00pm4:00pm-5:00pm5:30pm-6:30pm4:00pm-5:00pm12:00pm-8:00pm

Team

FITNESS

CENTER

10 Back to School

Smoothie **

5:00pm-6:00pm8:00am-9:00am4:00pm-6:00pm3:00pm-6:00pm4:00pm-5:00pm





3:00pm-6:00pm12:00pm-8:00pm5:30pm-6:30pm6:30pm-7:30pm8:00am-9:00am



24

25 Women's 26

FINESS CENTER

Cardio Hour 5:00pm-6:00pm3:00pm-6:00pm8:00am-9:00am6:00pm-7:00pm8:00am-8:00pm

29



Women's Cardio Hour

8:30am-9:30am 6:00pm-7:00pm5:00pm-6:00pm

30

Team

Dorothy A. Quesada **Community Center** 1010 South Bon View Ave Ontario, Ca 91761 For more information call (909) 395-2300

