



November



2016

Daily Activities

T.A.C Meetings
1st & 3rd Wed.
5:30pm-6:30pm

Team Rhythm
Mon. & Wed.
5:00pm-6:00pm

Game Room
2:00pm-8:00pm

Boot Camp
Wed. & Thur.
6:30pm-7:30pm

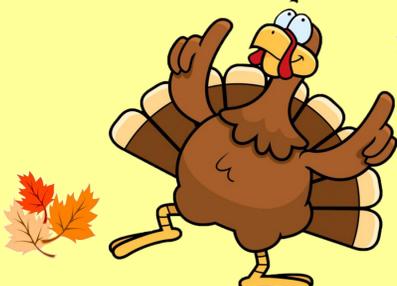
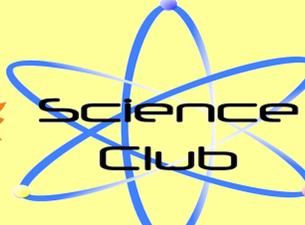
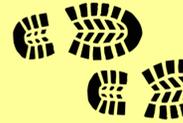
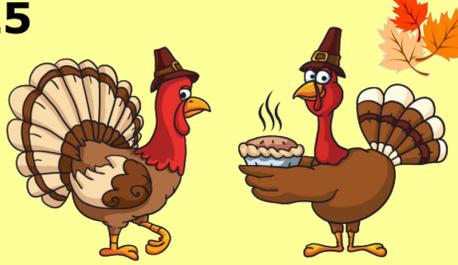
Women's Fitness
Tues. & Thur.
6:00pm-7:00pm

Homework Help
Mon. to Thur.
3:00pm-6:00pm

Cooking Club
Every Thur.
4:00pm-5:00pm

Art Club
Friday
4:00pm-5:00pm

Please note: All events and activities are subject to change without notice and may be dependent on weather.

Monday	Tuesday	Wednesday	Thursday	Friday
 ZUMBA 8:30am-9:30am	1  ZUMBA 8:00am-9:00am	2 T.A.C Meeting 5:30pm-6:30pm	3  BOOTCAMP 6:30pm-7:30pm	4 Art Club 4:00pm-5:00pm
7  ZUMBA 8:30am-9:30am	8  Science Club 4:00pm-5:00pm	9  BOOTCAMP 6:30pm-7:30pm	10  Cooking Club 4:00pm-5:00pm	11  Game Room 2:00pm-8:00pm
14  HOMEWORK HELPERS 3:00pm-6:00pm	15  Women's Cardio Hour 6:00pm-7:00pm	16 Thanksgiving Dinner  4:00pm-7:00pm	17  HOMEWORK HELPERS 3:00pm-6:00pm	18  ZUMBA 8:00am-9:00am
21 Team Rhythm 5:00pm-6:00pm	22  HOMEWORK HELPERS 3:00pm-6:00pm	23 Center closing at 6pm  8:00am-6:00pm	24 Happy Thanksgiving  <i>Center closed for the remainder of the week</i>	25 
28  WEIGHT ROOM 8:00am-8:00pm	29  Game Room 2:00pm-8:00pm	30  ZUMBA 8:00am-9:00am	 <p>CELEBRATING 125 YEARS ANNIVERSARY 1891 YEARS 2016 CITY OF ONTARIO</p>	

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