

# Questions about oral health?



We'll do **whatever it takes and then some.**

## How healthy is your smile?

Take our online quizzes to find out!

Visit the Oral Health & Wellness section on [deltadentalins.com](http://deltadentalins.com) to take the following quizzes:

- Dental Cavity Quiz
- Gum Disease Quiz

If you've got questions about oral health, be sure to check out our website at [deltadentalins.com](http://deltadentalins.com) for answers.

To help you and your family keep your smiles healthy, we've compiled an extensive library of articles on oral health topics from amalgam fillings to x-rays and just about every oral health topic in between.

### **Mouth-Body Connection**

- Diabetes and oral health
- Heart disease and oral health
- Men's oral health
- Oral cancer
- Osteoporosis
- Pregnancy and oral health
- Stress and oral health
- Tobacco use and oral health

### **Preventive Care**

- Brushing and flossing
- Dental cleanings
- Fighting bad breath
- Fluoride
- Nutrition and oral health
- Choosing and caring for your toothbrush

### **Emergency Care**

- Dental care when traveling
- Handling dental emergencies

### **Kids & Teens**

- Baby bottle tooth decay
- Children's oral health
- Eating disorders
- Teens' oral health

### **Seniors**

- Dental care of Alzheimer's patients
- Dentures
- Seniors' oral health

### **Dental Treatments**

- Amalgam and resin fillings
- Braces
- Dental implants
- Dental x-rays
- Sealants

### **Conditions**

- Dry mouth
- Mouth sores
- Sensitive teeth
- TMJ

## WE KEEP YOU SMILING®

Why do 54 million enrollees trust their smiles to Delta Dental?

- More dentists
- Simpler process
- Less out-of-pocket

## Free Newsletter

Get the latest in oral health with *Dental Wire*, our bi-monthly e-mail newsletter. Sign up at: [deltadentalins.com/oral\\_health](http://deltadentalins.com/oral_health)

## deltadentalins.com

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Delta Dental of California – CA  
• Delta Dental of Pennsylvania – PA & MD • Delta Dental of West Virginia – WV • Delta Dental of Delaware – DE • Delta Dental of the District of Columbia – DC • Delta Dental of New York – NY • Delta Dental Insurance Company – AL, FL, GA, LA, MS, MT, NV, TX, UT

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## Sign up for *Dental Wire* – an online dental health newsletter

### Preventive care is the number one way to keep your smile healthy

In *Dental Wire* you'll find great ways to help you care for your teeth:

- Dental news and health tips
- Ways to maximize your Delta Dental plan benefits
- Links to puzzles and games for kid

### It's free!

*Dental Wire* is Delta Dental's free online newsletter. It provides articles, tips and tools to help you take great care of your smile.

### Sign up now

A new issue of *Dental Wire* can be e-mailed to you every other month. Simply visit the Oral Health and Wellness section of our website and provide us with your e-mail address.

*Privacy notice: Delta Dental will not use subscriber e-mail addresses for any purpose other than Dental Wire and will not share our list with third parties. Subscribers will be able to unsubscribe at any time.*