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## 2019 Summary of Benefits and Coverage Notice

Choosing your health plan is an important decision. To assist you with this process, each health plan available through the California Public Employees' Retirement System has produced a Summary of Benefits and Coverage (SBC). In addition, the federal government has compiled a glossary of common health insurance terms. Together, these documents provide important information to help you better understand your health benefit coverage and more easily compare health plan options.

To view the SBCs and glossary online, visit [www.calpers.ca.gov](http://www.calpers.ca.gov)\* under the Plans and Rates section (subsection Health Plans), or visit any of the health plan websites below. To request a free paper copy of the SBC and glossary, please contact each health plan directly.

Anthem Blue Cross HMO & EPO  
(855) 839-4524  
[www.anthem.com/ca/calpershom](http://www.anthem.com/ca/calpershom)

Kaiser Permanente  
(800) 464-4000  
[www.kp.org/calpers](http://www.kp.org/calpers)

Blue Shield of California  
(800) 334-5847  
[www.blueshieldca.com/calpers](http://www.blueshieldca.com/calpers)

Peace Officers Research Association of California\*\*  
(800) 288-6928  
<http://ibt.porac.org>

PERS Select, PERS Choice, and PERSCare  
(877) 737-7776  
[www.anthem.com/ca/calpers](http://www.anthem.com/ca/calpers)

Sharp Health Plan  
(855)995-5004  
[www.sharphealthplan.com/calpers](http://www.sharphealthplan.com/calpers)

Health Net of California  
(888)926-4921  
[www.healthnet.com/calpers](http://www.healthnet.com/calpers)

UnitedHealthcare  
(877) 395-3714  
[www.uhc.com/calpers](http://www.uhc.com/calpers)

\*<https://www.calpers.ca.gov/page/active-members/health-benefits/plans-and-rates>

\*\*To enroll in this health plan, you must belong to specific employee association and pay the applicable dues.